

# Teaching Presentation and Social De-Escalation Skills with Crowd Feedback Simulation in Virtual Reality

What Students Think About It

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### Who are we?





**Univ.-Prof. Dr.-Ing Heribert Nacken** *Projektleiter* 



Patrick Querl, M.Sc.
Unity Entwicklung,
Programmierung, Software Engineering,
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Unity Entwicklung,
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Unity Entwicklung,
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## What do I talk about?



# **Role-Playing in VR**



# **Motivation**

- Future Skills
- Social Skills
- VR & Role-Play



# **Experiment**

- Overview VR-Scene
- Automated NPCs
- Experimental Procedure



# **Results & Discussion**

- Benefits
- Shortcomings
- Outlook





### **Motivation**

### **Future Skills**

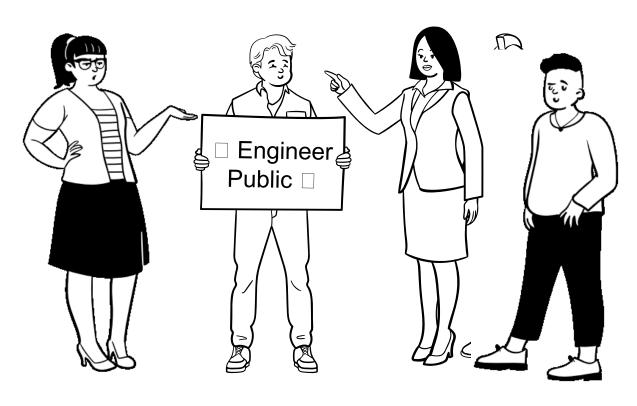
- ~60% of an engineer's job involves communication.
- More and more social challenges.
- Subject/Expert knowledge on its own loses value.
- Communication skills are needed to facilitate expert knowledge.
- Example:
  - Civic participation in infrastructure projects.
  - Ability to take responsibility.





## **Motivation**





# **Role-Play**

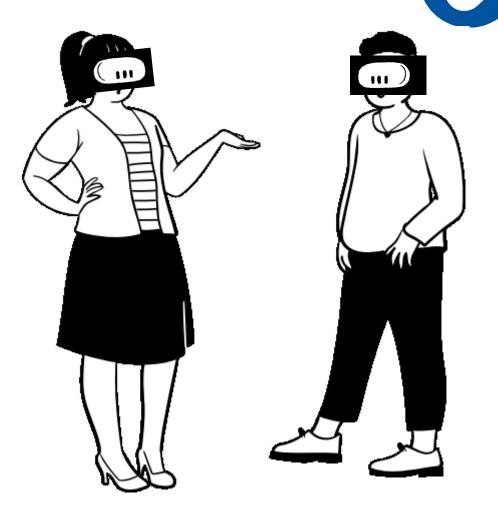
- Effective in training social skills.
- Can simulate difficult social interactions in safe environments.
- BUT: A lot of people are involved and difficult to repeat.



### **Motivation**

# Role-Play in VR

- Overcomes spatial limitations.
- Can reduce number of participants.
- Controllable, repeatable, comparable conditions.
- VR is typically received well among students.
- High presence & agency of VR allow for effective simulation of role-play scenarios.

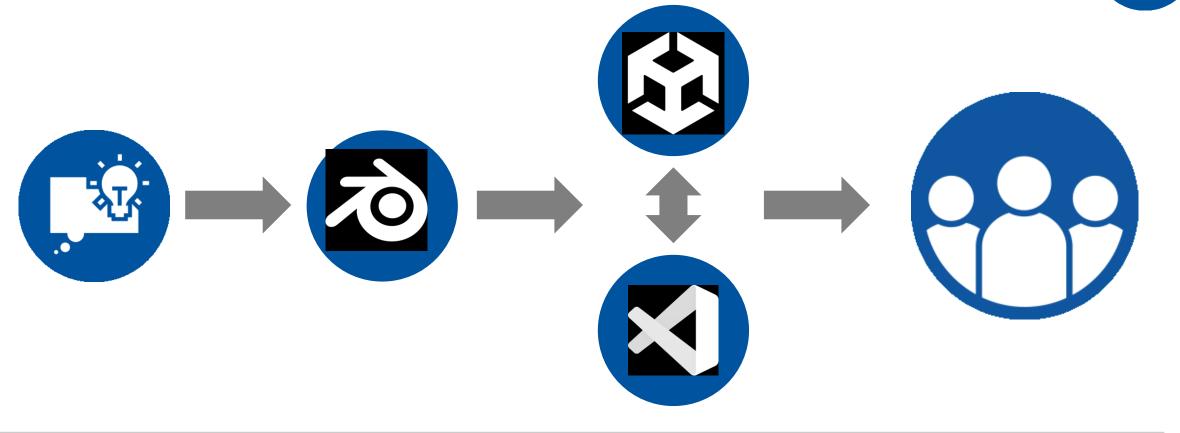


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# **Implementation**





Concept

Design

**Engine Work** 

Role-Play



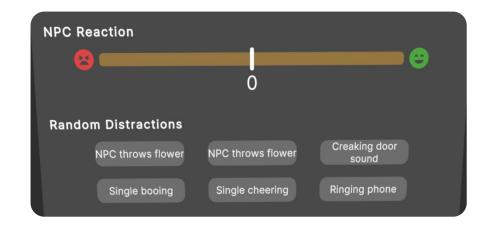


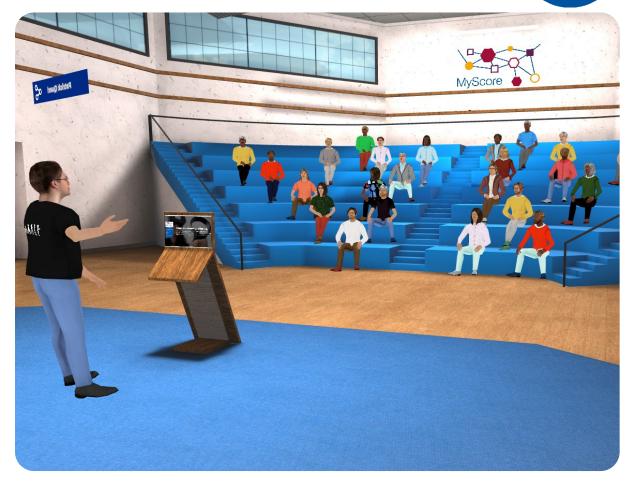
# **Role-Play Scenario**

# VR

# **Scene Design**

- Simple to avoid distractions.
- 24 randomized NPCs to simulate crowd.
- Realistic avatar system.
- Crowd reactions can be controlled.

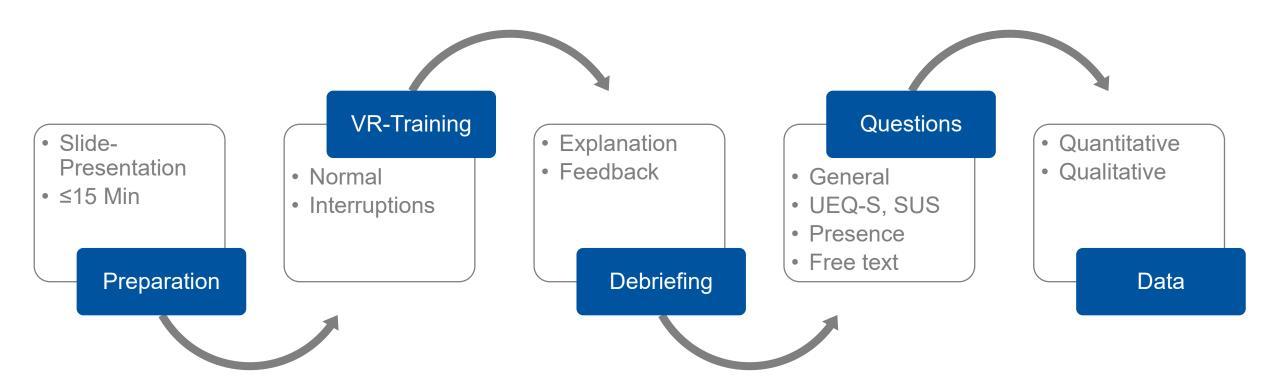






# **Experimental Procedure**

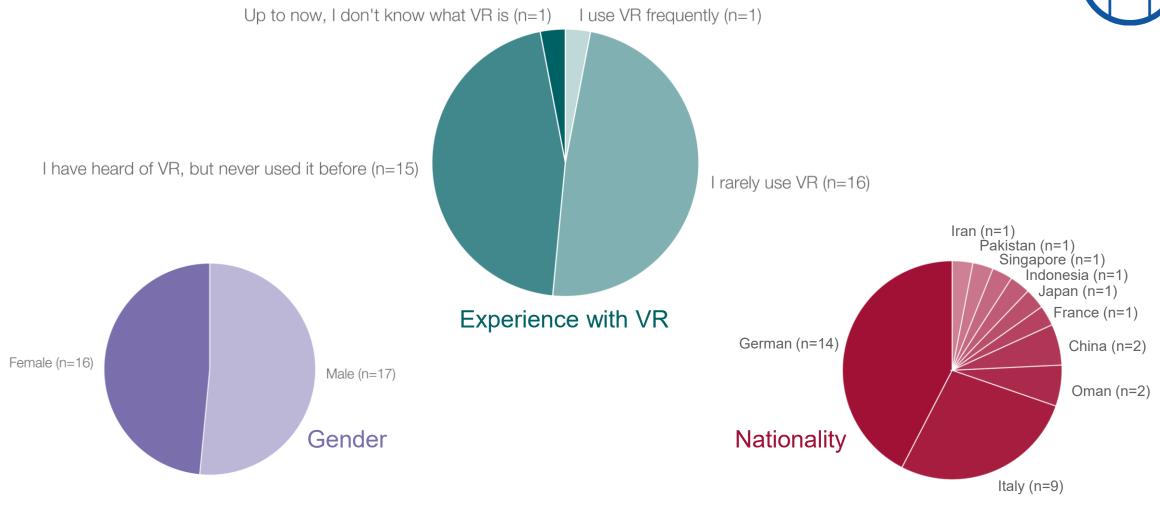






# **Participants**

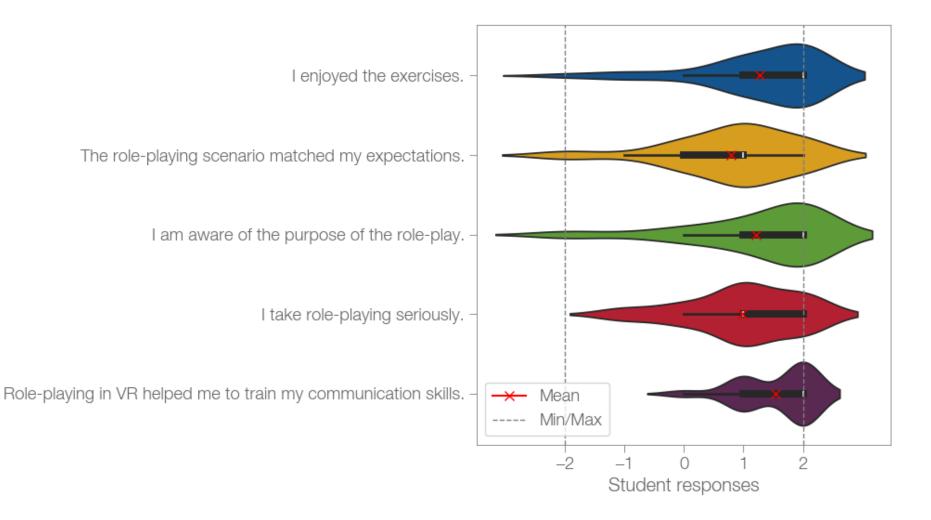






# **General Impressions (1)**







# **General Impressions (2)**

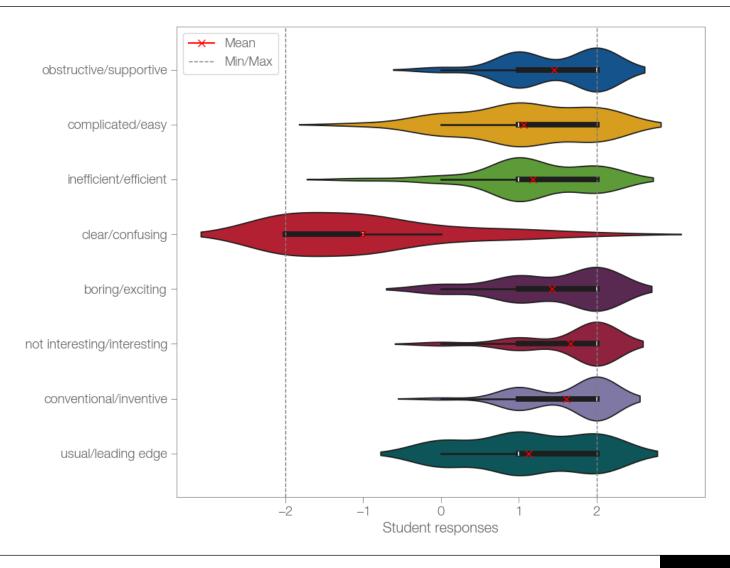


Mean Min/Max I learned a lot during the de-escalation exercises in the VR environment. I was constantly aware that it is just a game. I believe that a panel discussion in reality is very similar to the VR scenario. It was irritating for me to discuss with avatars. Student responses



# **User Experience Questionnaire**

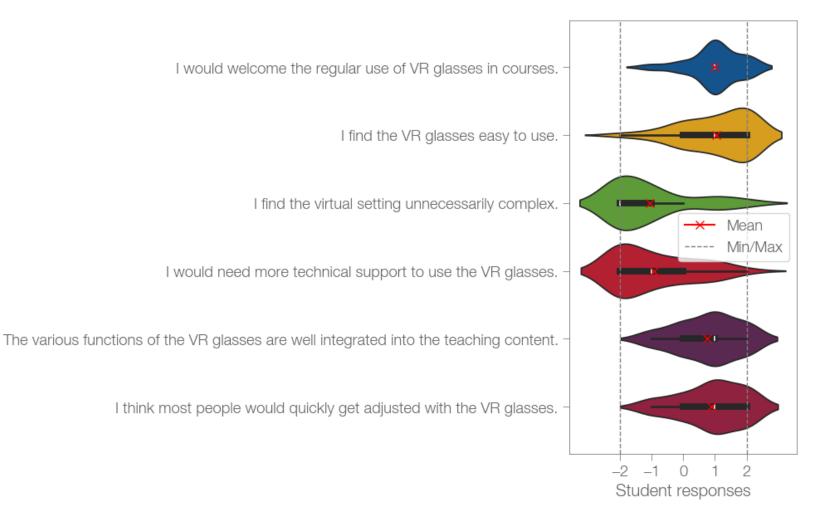






# **System Usability Scale (1)**

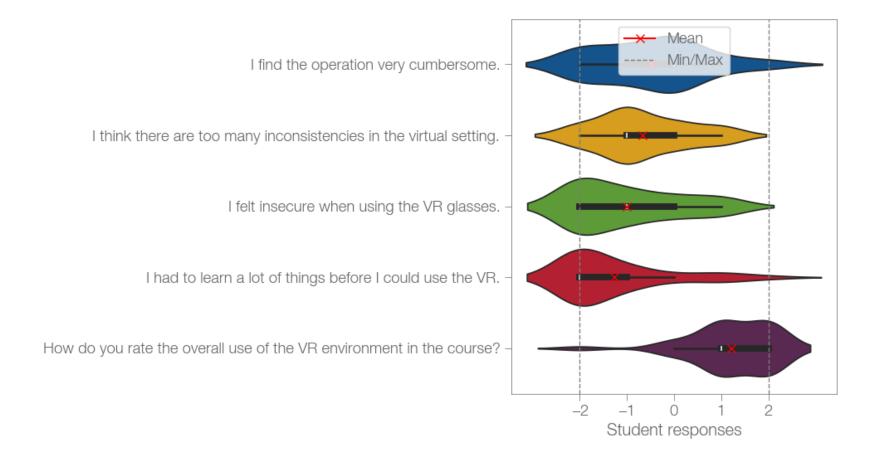






# **System Usability Scale (2)**

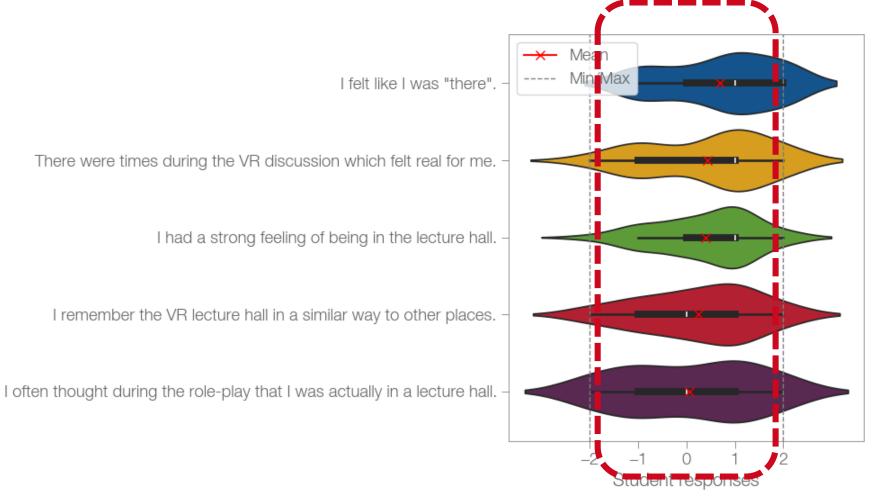






### Presence





# **Relatively neutral results**





### **Qualitative Questions**

- 1. How did you feel during the VR training?
- 2. What are the advantages of the Role-Play scenario?
- 3. What are the disadvantages of the Role-Play scenario?
- 4. Do you have any ideas or comments for further development?



### **General feedback**

### Positive Emotions:

Excitement, curiosity, enjoyment, feeling comfortable or safe.

# Learning & Adaptation:

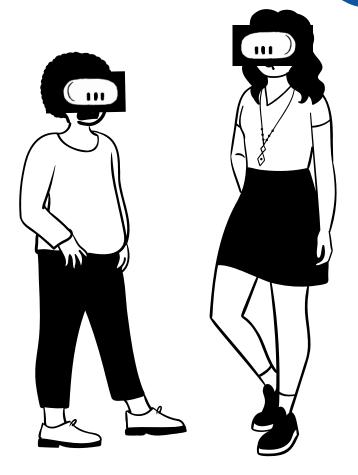
Initial nervousness or strangeness fading with experience; increased confidence after practice.

### Challenges:

Technical difficulties (e.g., button issues), physical discomfort (e.g., device heaviness), pressure from audience simulation, anxiety about realism or performance.

### Realism & Immersion:

Many felt it was realistic enough to trigger genuine reactions but still aware it was a simulation.







# **Advantages of the Role-Play Scenario**

# Skill Development:

Practice communication/public speaking skills in realistic settings; exposure to difficult scenarios (interruptions, deescalation).

### Immersion & Realism:

Simulates real-life presentations without needing a large audience; avatars can provide challenging reactions.

# Accessibility & Efficiency:

Enables training from any location with fewer resources; easier to organize than real events.

### Safe Environment:

Lower stakes allow for mistakes and learning; less stress compared to actual public speaking.







# **Disdvantages of the Role-Play Scenario**

### Lack of Full Realism:

Avatars/animations not life-like enough; some reactions feel unnatural or exaggerated.

### Technical Limitations:

Device discomfort (weight, fit), motion sickness, technical glitches (shaking screens), limited body awareness/movement translation.

# Psychological Gaps:

Easier to dismiss the seriousness since it's "just" a simulation; may not fully replicate real-world pressure.

# Physical Needs:

Equipment requirements can be a barrier for some users.

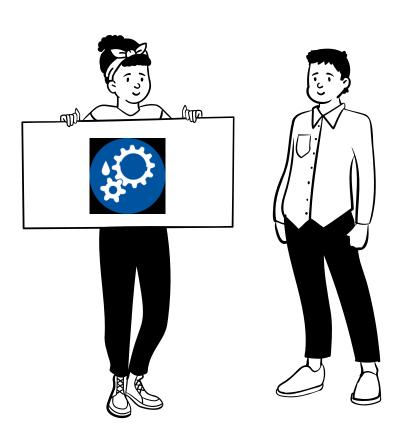






# **Ideas & Comments for Further Development**

- Improved Realism:
  - Better avatar graphics and more natural audience behavior; more immersive environments.
- Scenario Expansion:
  - Group presentations/multi-person scenarios; more varied situations including other courses/topics.
- Features & Usability Enhancements:
   Note-taking areas in VR, pointers/tools during presentation, better audio/voice integration.
- Broader Access & Integration:
   Make available for students with social anxiety or those seeking extra practice; integrate into regular coursework.





# **Key Takeaways**



# Social Skill Development with VR-Role-Playing

- Students liked the intervention.
- Improvement are needed.
  - More realistic surrounding needed.
  - Authentic avatars crucial.
  - Possible application of genAl

 $\rightarrow$  All part of new iteration.

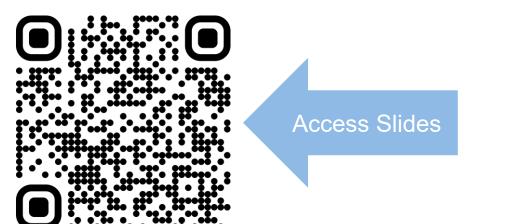








# Thank you for your attention!













### References



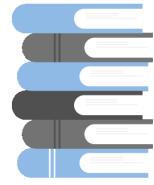
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